

Student's Name _____

Date of Birth _____

SECTION C: REQUIRED IMMUNIZATION. Florida State Law and / or College Policy require the following immunizations by all students, documented by your health care provider.

Health Care Provider must complete this section in English. Provide month, day and year of vaccine or dated copy of titers and reports. The following are required:

1. Three doses of Hepatitis B vaccination at intervals of 1 month apart, and the third at six months from the first dose. The hepatitis vaccination series is not restarted. So if a dose is missed, the series can still be completed as a series of three. **AND**
2. One Meningitis vaccination (Menactra or Menomune) **AND**
3. A booster dose of tetanus-diphtheria (Td) within 10 years of this date **AND one of the following:**
4. At least one dose of mumps and rubella vaccine are required and two doses of live measles (rubeolla) vaccine given at least one month apart after age 12 months **OR**
5. Two doses of mumps, measles, rubella combined in an MMR **OR**
6. Laboratory reports of titers for immunity of measles (rubeolla), mumps and rubella.
7. **Exemptions: Exemptions to the immunization policy (based on Florida State Law and / or College policy) may be granted for valid medical or religious reasons. Special forms are available at the DuBois Student Health Services.**

NOTE: Enclose copy of chest x-ray report and treatment for **positive PPD.**

Hepatitis B#1 Date _____

Hepatitis B#2 Date _____

Hepatitis B#3 Date _____

Tetanus Date _____

Meningitis Date _____

MMR#1 Date _____

MMR#2 Date _____

OR: (Laboratory copy of titer results / enclose copy of dated laboratory report for measles, mumps & rubella)

Mumps Date _____

Measles #1 Date _____

Measles #2 Date _____

Rubella Date _____

Signature of Health Care Provider _____

Date _____

Health Care Provider Printed Name _____

Clinic or Facility Stamp _____

Street Address _____

City _____

State & Zip _____

Telephone Number: _____

FAX Number: _____

SECTION D: STRONGLY RECCOMENDED but NOT required.

Varicella #1 Date
(Chickenpox) _____

Varicella #2 Date
(Chickenpox) _____

or Chickenpox
Disease _____

Hepatitis A #1 _____

Hepatitis A#2 _____

Tuberculosis test (**PPD**, not Tine) and results, **within the 6 months prior to first semester**, or a chest x-ray report. PPD required regardless of prior BCG inoculation. If PPD is positive, attach a chest x-ray report **and** report of treatment.

PPD Date & Results _____

Other (please specify) _____

Type & Date _____

Type & Date _____

Type & Date _____

Pre-participation Physical Evaluation

Name _____ SS# _____ Date of Birth _____ Age _____ Sex _____

Height _____ Weight _____ % Body Fat (Optional) _____ Pulse _____ Blood Pressure _____

Exercise History - Indicate If patient has experienced any of the following:

- Passed out during or after exercise
- Dizziness during or after exercise
- Chest pain during or after exercise
- fatigue more quickly than peers with exercise
- Racing or skipped heartbeats anytime
- Participation denied by physician in past
- become ill from practicing in the heat
- Lose weight to meet demands of your sport
- Broken bone or dislocated joint
- history of a minor or major injury to following:
 - Head/Neck Shoulder Elbow/Forearm Wrist/Hand Back
 - Hip/Thigh Knee Lower leg (shin) Ankle Foot

Please explain yes answers:

	Normal	Abnormal Findings	Initials*
Medical History			
Appearance			
Eye, Ear, Nose, Throat			
Lymph Nodes			
Heart			
Pulses			
Lungs			
Abdomen			
Genitalia (males)			
Skin			
Musculoskeletal			
Neck			
Back			
Shoulder/Arm			
Elbow/Forearm			
Wrist/Hand			
Hip/Thigh			
Knees			
Ankle/Legs			
Foot			

Clearance to Participate in Intercollegiate Athletics

**Station Based Examination Only*

- Cleared Cleared after completing rehabilitation for the following: _____
- Not cleared for the following sport/activity: _____ Reason: _____

Recommendations: _____

Health Provider (print/type) _____ Date _____

Address _____ Phone _____

FAX: _____

Signature of Health Provider: _____, M.D./ D.O./N.P./P.A.

Dear Parents,

I would like to say hello and introduce the health care services available at Rollins College to help your son or daughter remain healthy while at Rollins College. Our College has a comprehensive health and wellness program. Our office offers well care, prevention, as well as diagnosis and treatment of acute illness and injury. Our staff includes the Health Promotions program and we work in collaboration with The Personal Counseling Center Team. I also want to let you know that we are here to care for each student and to serve his or her needs.

The transition from living at home to living on one's own is difficult. The normal anticipated stress of change is easy to understand, but when an illness or a medical problem complicates the transition to college life, the stress can be overpowering. When your son or daughter calls you with symptoms (and they will!), please remember that our staff is here to help make the transition easier. Our physician and nurse practitioners are specialists in taking care of young adults, and will encourage students to make healthy choices and learn self-care strategies. The Rollins Personal Counseling Center staff is also available to help make student's problems more manageable.

The DuBois Health Center staff takes confidentiality seriously and, as you may know, it is mandated by law that **no medical information be released to parents of non-minor children, unless the student requests us to do so**. However, in the case of a medical emergency where there is an issue of life or death, I would contact you immediately.

It is the hope of the staff that your son or daughter find our services accessible and of high quality; but if there are problems, I encourage you to give me a call and let me know what we can improve. Also if you're in town and would like to take a tour, stop in and we'll be happy to show you our facility. If your son or daughter has a special medical condition, we would like to meet them before problems arise, so please have them make an appointment, to see one of our providers. You might like to check the website (www.rollins.edu/health) which incorporates links to reputable health related web sites and information about our services. Please do not hesitate to contact me with your questions, comments, and/or concerns.

Sincerely,

Sandra Weisstein, MSN, ARNP-C
Director
DuBois Student Health Services
Rollins College

ROLLINS COLLEGE DuBois STUDENT HEALTH SERVICES
1000 Holt Avenue Box 2727 Winter Park FL 32789
Elizabeth Morse Hall, Terrace Level
(407) 646-2235/FAX: (407) 646-2213

Office Hours by appointment. DuBois Health Services is open during Rollins College regular class sessions.
Monday through Wednesday 8:00 a.m. - 12:00 a.m. and 1:00 p.m. - 4:30 p.m.
Thursday 9:00 a.m. - 12:00 and 1:00 p.m. - 5:30p.m.
Friday 8:00 a.m. - 12:00 and 1:00 p.m. - 3:00 p.m.

Walk-Ins may be seen if there is an open appointment. **Delays can be avoided by calling for an appointment.**
True emergencies will be taken immediately during office hours.

Staff Director/Nurse Practitioner	Sandy Weisstein
Administrative, Patient Care Assistant	TBA
Health Education Coordinator/Nurse Practitioner	Karen Littleton
Physician	Dr. Miriam Finegold, M.D.
Health Promotions Coordinator/LMC	Sareet Taylor

Health Insurance Students should have a health insurance card and know how to utilize it. The student health insurance is provided by an Independent Insurance Company and is not part of the DuBois Student Health Services. Cards will be sent to Students via campus mailbox.

Services Available (at no charge) to all full-time, day, undergraduate students

Acute care of illness and/or injury
Evaluation &/or referral as needed (Student is responsible for the specialist expense)
Preventive health care related to nutrition and lifestyle.
Health education and health promotion

Services for a Fee. Charges may be billed directly to your student account on the Rollins card: Billed home, deducted from Flex account or paid for by cash or check for the following services:(**Health Services does not bill your health insurance.**)

Immunizations/TB Tests

Measles, mumps, rubella (MMR)
Tetanus diphtheria (Td)
Hepatitis B, Hepatitis A
Tuberculin test (PPD)
Meningitis (Menactra)

Examinations

Gynecological
Travel
Camp
Employment
Nebulizer treatments

Various (limited/provider dispensed only) prescription and over-the-counter medications include, but are not limited to the following:

Common antibiotics
Depo Provera
Antifungal, antibiotic and various creams and ointments (for skin, ears and eyes)

Laboratory Testing at the College

Rapid Strep
Pregnancy
Mono
Urinalysis by dipstick

Outside Laboratory Testing is sent to Florida Pathology Laboratories.

Allergy injections must be sent with explicit instructions. Student must review SHS policy and provide their serum. **Allergy Serum should not be mailed to the SHS; it should be mailed to the student.** The student should then deliver the serum to the health center during operating hours.

After Hours Walk-in medical services:

Centra Care Walk-In Clinic	or	University Walk-In Center
2540 Lee Road, Winter Park (407) 629-9281		11550 University Blvd., Orlando (407) 282-2044
Monday through Friday:	7 a.m. - 11 p.m.	Monday through Friday: 8 a.m. - 7 p.m.
Saturday, Sunday & holidays:	8 a.m. - 5 p.m.	Saturday 9 a.m. - 5 p.m. - Sunday - 9 a.m.-1 p.m.

Emergencies

Campus Safety Extension 2999 (All Campus Safety Officers are first aid trained and CPR certified)
Paramedics **Dial 911**