

Wellness At Work Fact Sheet

Here are just a few of the benefits you'll get from L A Weight Loss...



BEFORE



AFTER

Danita lost
55 pounds
in
16 weeks!

Privacy

We believe your weight loss is your own business – not everyone else's. Our counseling sessions and weigh-in's are done in **private, one-on-one sessions**, not group meetings.

Flexibility

We create a program that fits your life, and you'll come to a center when it fits your schedule, not ours. We'll make sure your **customized meal plan includes your favorite foods!**

Convenience

With L A Weight Loss, you eat real foods - the same foods you're preparing for your family – and still lose weight! **You can eat in all your favorite restaurants**, even fast food restaurants. The L A Weight Loss plan is a flexible plan that is easy to fit into a working lifestyle.

Personal Attention

We know how important encouragement and support can be in helping you meet your goals. Your one-on-one sessions with our **trained, professional counselors** will keep you motivated.

Safe, Rapid Weight Loss

The L A Weight Loss program works so well because it's based on **balanced nutrition and sensible portions**. You won't find starvation diets, "miracle" ingredients or unsafe fads here.

– Visit LAWeightloss.com to Learn More
or Call 1-888-LANOW-80